

AMERICAN FRIENDS OF ASIAN RURAL INSTITUTE



NAME: CECILIA MPINGA

COUNTRY: MALAWI

PROJECT NAME:

INTERGRATED GOAT PASS ON PROJECT

PERIOD: JULY 1, 2022 – JUNE 31, 2023

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ACRONYMS

ADC- Area Development Committee

AEDC- Agriculture Extension Development Coordinator

AEDO- Agriculture Extension Development Officer

AFARI -American Friends of Asian Rural Institute

ARI - Asian Rural Institute

CWO- Catholic Women Organisation

DADO- District Agriculture Development Officer

GVH- Group Village Headman

HVP- Hygiene Village Project

IEC- Informative and Educative Materials

EIB- European Investment Bank

NGO- Non-Governmental Organization

NSO- National Statistical Office

PLWHIV- People Living With HIV

UNICEF- United Nations Children's Fund

USA- United States of America

USAID- United States Agency for International Development

VH- Village Headman

WASH- Water Sanitation and Hygiene

T/A- Traditional Authority

ACKNOWLEDGEMENT

I would like to thank the almighty God for giving me this opportunity and granting me the capability to proceed successfully in life and giving me strength and healthy life so that I can manage to implement a one-year project with AFARI. It is by His grace of almighty father who knows my future that 2022-2023 the integrated goat pass on program shall be implemented in Zomba district.

Special thanks should go to the Tarr family for everything, the board of directors of AFARI- Paul Hastings, President, Bev Abma, Secretary, Eugene Witt, Treasurer and Sherry Deleon, Executive Director for the tiresome work rendered to me from day one till the end of the project. Full appreciation should also go to ARI director Tomoko Arakawa and staff of Asian Rural Institute.

I greatly appreciate the management of Hygiene Village Project especially the Director Roy Khonyongwa, the programs officer Ernest Maganga and the Finance and administration officer Denson Simfukwe for their full support with kind words and skills so that I can prosper during the whole term.

Furthermore, I would like to say thank you to my family and friends who helped me in prayers, support, and encouragement in achieving my goal.

Lastly, I would like to appreciate all the stakeholders from Zomba District Agriculture office the DADO, AEDO, AEDC not forgetting T/A Mlumbe, Mlumbe ADC chair, GVH MKanda, VH Chikwenga not forgetting Twaina Umali and Magret Maliwata my co-workers who worked tirelessly in the community of Chikwenga and Nikisi.

INTRODUCTION

I am one of the Asian Rural Institute graduates, equipped with leadership and sustainable agriculture skills collaborating fully with communities in Malawi.

Content of the book has four sections, section one explains much on my country and my sending body, section two it is all about the goat pass on project and soya bean production, section three the professional development, section four it talks all about my story on the chicken project and the last section pictures.

This book will help not only myself but my community, sending body, AFARI members and fellows, ARI staff and graduates through sharing experiences, achievements, and lessons learnt during my project.

The book consists of my project of integrated goat pass on project, one child ten chicken project (a supplementary project), and ECHO symposium which was one of my professional learning and growth activities.

SECTION 1

Self-introduction

My name is Cecilia Mpinga, from Malawi (2016 ARI graduate). I was born on 18th December, 1982.

A fourth born daughter born in a family of eight and blessed with two kids a boy and a girl.

I belong to a Roman Catholic denomination and one of the group members of Catholic Women Organisation (CWO). Currently I am living in the southern part of Malawi zomba district and home District is Blantyre.

My mother used to be a farmer and I learned and was inspired by her because we had food throughout the year and hunger was defeated.

To be self-reliant, I am a field officer at Hygiene Village Project and also, I do business selling handbags and laptop bags as well as farming.

MY COUNTRY (MALAWI)

Geography

Malawi is a landlocked country found in the Southeast of Africa, its borders with Mozambique, Zambia and Tanzania. It is almost 119,000 square kilometers and has its geographical features like a Great Rift Valley lake known as Lake Malawi, in addition we have lake Chirwa, lake Kazuni and also lake Malombe. Lake Malawi is a largest lake in Malawi with its delicious fish "Chambo." It has mountains like Zomba, Dedza and Mulanje, which is the highest. The largest river in Malawi is Shire which lies in the southern part of Malawi. Some parts of the country are surrounded by game reserves, including national parks and forest. In Malawi we have the tropical type of climate which is divided into three seasons. The cool season that starts from May to August, Hot season which starts from September to mid-November and rainy season from mid- November to April.

Population

The population density in Malawi is at 222 people per square kilometer. Currently Malawi has a population of 20,981,159 as reported by National Statistics Office (NSO) and the highest population are women compared to men. The population is expected to increase each year because of the number of births being higher than the number of deaths.

History and culture

Malawi was known as Nyasaland during the British protectorate colonial rule government before it gained its independence in 1964. The first president ruled for 30 years and was a one-part rule. Currently it is a democratic government.

The people of Malawi are a God-fearing nation, we have both Christians and Muslims as well as pagans.

We have different cultures and languages according to the district or the region you belong.

Malawi is well known as "**The warm heart of Africa**" because of the warm hearts of inhabitants and the beautiful temperatures.

Economics

As a nation, Malawi has a favorable soil and weather which is good for cultivation of crops and rearing of animals. The main staple food is maize and the cash crop is tobacco.

We have some industries in Malawi which manufacture some products and boost the economic status of Malawi like sugar, tea, and coffee.

MY SENDING BODY

Hygiene Village Project (HVP) is a local NGO which thematic areas are on water, Sanitation and Hygiene (WASH).

Its mission is to enable communities to live in a total hygienic environment with reduced diseases and death rates.

It receives funding from UNICEF and SIMAVI. EIB. Global funding and USAID.

MY STRENGTH AND RESOURCES

As a field officer or community development officer. I have experienced many things from myself, my colleagues as well as my community. In a nutshell I have the capacity and skills to serve my community and improve the living standard of the community.

I am a public speaker and able to plan, coordinate, mobilize, budget, coordinate and implement any task assigned to me.

To my community, they are rich in resources and capable to develop themselves through locally available resources that surrounds them.

SECTION 2

MY PROJECT

After I graduated at ARI in 2016, I was still working with my sending body (Hygiene Village Project) on temporary basis on issues of water and sanitation. During the meetings in the communities, community members were sensitized to have a backyard garden at the households and the backyards gardens are still in use.

In 2018, using my money (\$40) I identified 10 women in the area to find a piece of land for rent and grow soya beans, they produced soya beans and earn money 3 times (\$120) the money invested to them. I advised the women to use the funds in buying goats. Unfortunately, I was transferred from the area the women were living and was sent to the other area very far with the area the women lives. Lack of monitoring makes the women to misuse the funds and I was very desperate.

In 2022 there was an article which AFARI introduced so that ARI graduates can apply and if the graduate becomes successful they will receive a grant of \$2500.

I was one of the applicants and was successful and the following were the responses that made me to be one of the fellow.

1. Why did you choose this project?

I chose this project because:

- (1) When I come back home from ARI, I committed to use the skills and my ARI dream which is talking more about social and economic life among communities. I learnt from ARI to collaborate with my community towards sustainable agriculture and self-reliance. Secondly, I would like to increase my leadership skills to be more effective in my community as I will be working to serve the vulnerable more especially women.
- (2) The project is manageable and easy because the goats doesn't need many resources to be used. Once purchased then feeding follows and the feeds doesn't need money just use the local available resources.

2. How specifically will you roll out this project? (Is there an updated timeline or budget). If successfully granted with the funds, the project can run for a year so that it shall help in implementation phase with a small budget in the following activities.

The project shall be in four phases.

- o Training- Crop production, Goat management in terms of housing, feeding, disease control, meat and milk production, how to produce organic manure using goat droppings and other locally available resources i.e., compost.
- o Identification of a piece of land –The piece of land can either be bought or rented to be used as their field for crop production and animal feeds.
- o Monitoring and evaluation -The funds shall be used for monitoring and evaluating the project progress.

Reporting- reporting of the progress of the project to AFARI

The budget is as follows:

Goat Procurement	\$400
Training	\$700
Rental	\$250
Monitoring	\$500
Stationery and supplies	\$300
Staff	\$350

3. Who are your partners and have you communicated the project to them?

My partners are women group from Chikwenga Village, GVH Mkanda in Traditional Authority (TA) Mlumbe in Zomba District and Agriculture team because involvement of Agriculture team from government helps in terms of sustainability when the project phases out as well as the key people to consult if challenges arose. e.g., pests and disease.

4. How will you know that you achieved your project goals and plan?

I will know that I have achieved my project goal and plan if the following is done:

- (a) Increased in number of goats i.e., if the group was given Ten goats, then after a year or two the number has doubled.
- (b) Increased crop production as animal dung is used as manure in the fields as well as eating chemical free food.

- (c) Improved living conditions of the women- if the women shall generate income through the sales of meat, hunger in their families shall be reduced because the cash made from the sales, they can buy food to support their families.
 - (d) Improve nutrition from the milk and meat they will get from the goats.
 - (e) Educational support to their school children through selling some of the products either from goat farming or crop production.
5. For skills development, you mentioned fundraising skills - what kind of skills are you hoping to gain in leadership?
 If I might be successful, I would like to know more about the pillars or strategies of fundraising.
- How do I get grants and donations
 - How do I write proposals
 - How do I get sponsorships, partners and donors etc.

The AFARI board assigned Sherry, the Executive Director. As a result, the communication was done often in making sure that the project is on track.

Before the implementation a breakdown schedule of work/activities was done and submitted to the coordinator as shown below

TENTATIVE IMPLEMENTATION PLAN FOR TARR WOMENS GROUP JULY 2022-JUNE 2023												
ACTIVITY NAME	2022						2023					
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Project planning and budgeting												
Procurement of stationery												
Meeting with project stakeholders												
Identification of farmland												
Training of Chikwenga Tarr women's group												
Zoom meeting with the Outreach Coordinator												
Construction of goats shelter												
Procurement of goats												
Handover ceremony												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Land preparation for crops												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Land preparation and sowing												
Review meeting with stakeholders												
Zoom meeting with the Outreach Coordinator												
Monitoring												

Sowing and weeding												
Visit to United States of America												
Peer Networking – USA												
Zoom meeting with the Outreach Coordinator												
Professional development training												
Monitoring												
Weeding												
Data collection												
Submission of Semi-report (Evaluation)												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Weeding												
Review meeting with stakeholders												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Weeding												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Harvesting												
Data collection												
Review meeting with stakeholders												
Zoom meeting with the Outreach Coordinator												
Monitoring												
Data collection												
Compiling annual report (Evaluation)												
Zoom meeting with the Outreach Coordinator												

Some of the activities were not on track due to nature, e.g. sowing of soya beans was late due to late rainfall, some of the zoom meetings were not done in time and were scheduled to another date.

INITIATION PHASE OF THE PROJECT

The following activities were done before the implementation in order to settle the ground.

- (a) Project planning
- (b) Procurement of stationery
- (c) Meeting with project stakeholders

The following stakeholders were met and discussed on how to roll out the project.

- 1 District Agriculture Development Officer (DADO)
- 1 Agriculture Extension Development Coordinator (AEDC)
- 2 Agriculture Extension Development Officers (AEDO)
- 1 Traditional Authority T/A
- 1 Area Development Committee Chair (ADC)
- 1 Group Village Headman (GVH)
- 1 Village Headwoman (VH)
- 12 beneficiaries from Chikwenga Village

The following list shows the 6 pair of the elderly, the widow, disabled and PLWHIV women identified.

No	1 st Beneficiary	2 nd Beneficiary
1	Marry Harry	Dorothy Missat
2	Fanny Willard	Harriet Nkhoma
3	Ivy Jonathan	Magret Anthony
4	Marrium Jali	Mercy Douglas
5	Aida Selemani	Twaina Aubi
6	Twaina Umali	Agness Laja



First meeting with the beneficiaries

IMPLEMENTATION PHASE

(d) Identification of farmland

0.5 acre farm was identified and used as farmland for soya production.

(e) Training of Chikwenga women's group

12 women were trained in goat management, group dynamics, fundraising and crop production.



Chikwenga tarr women’s group during training of goat management

During the training of goat management Chikwenga women’s group were equipped with the following topics

- Selection of goats> Choose the breeds which persist in terms of weather and diseases.
- Housing management> Can choose any type of housing that are air ventilated, free from diseases, safe from unfavorable weather conditions.
- Feeding management> Feeds for goats can either be roughages or concentrates that have nutrients. Fresh feeds need to be selected not everything in order to avoid the goats being attacked by diseases. Feeding trays should always be clean and clean water should be given to goats not dirty water.
- Breeding management > When cross breeding there is a need to identify the type of goats that are strong and resistant to diseases as well as that are high in meat and milk production.
- Pest and diseases management> A farmer needs to know early signs of diseases that attack goats and treat them earlier so that the diseases cannot spread to other goats and reduce death of goats. Consult the veterinary officer when there is a need for attention.

(f) Construction of goat shelter



Goat shelter, under construction



Goat shelter

(g) Goat procurement

A total of 18 goats were procured 6 Billy goats and 12 nanny goats. The procurement was done within the area from other farmers and the option of buying goats within the same area was that the

goats should be friendly with the environment and the weather. There was an allocation of transport to move the goats from one place to the destination.

(g) Handover ceremony

The handover ceremony of goats to beneficiaries was done in order to strengthen ownership to the beneficiaries. The main guest was the Traditional Authority of the area Mlumbe.

During the ceremony 18 goats were submitted to a pair of 6 beneficiaries which comprises of 2 nannies and a Billy goat to each pair i.e., each pair received three goats. The first person among the pair receives three goats and after the goats produces the young ones, then the second person shall receive the three goats also. They help each other in terms of feeding, pest, and diseases.

The guest of honor highlighted that the beneficiaries should take care of the goats so that they should not die in order for other people to benefit as well as the entire village.

The goats need to save the intended purpose of improving the living standard of their families. He also thanked the USA people (Tarr fellowship) for the support rendered to the beneficiaries.



Chikwenga Tarr women's group beneficiaries poses with the guest of honor.

(h) Land preparation, sowing and weeding of soya beans

Apart from animal production, Chikwenga women's group rented a piece of land for the production of soya beans. In November and December the soya beans was sown and weeded in the months of February and March.

(i) Harvesting of soya beans

Soya beans was harvested in the month of June. And due to heavy rains and cyclone, production was too low. The expectation was that without the cyclones and heavy rains 5 bags of 50kg would have been harvested, instead 1 bag of 50kg bag was harvested.

They are waiting to sell the soya beans and rent another plot for this year crop production, and they are opting for groundnuts.



Weeding in soya bean filed

(J) Monitoring

Monitoring was done frequently by myself (fellow) and also my co- worker (A community member).

Through the involvement of the District Agriculture team, monitoring has been easy because they are the experts in animal and crop production. They take a role in terms of training and when pests and diseases attack goats.

(k) Zoom meeting with coordinator

Zoom meeting with the Executive Director has been going smoothly though with some ups and downs. We have been communicating to each other through WhatsApp, email as well as face to face. The major challenge I can highlight on communication is poor network in Malawi as well as where i am staying. There has been some changes on dates of meeting due to busy with other commitments but the meeting was scheduled to another day.



Removing pods of soyabean

PROGRESS REPORT (DATA)

INDICATORS PROGRESS

Indicator #1 (Increase in number of goats)

An indicator of goat production indicates that at the end of July, number of goats shall increase from 18 to 42, but the indicator has not yet reached the target because some of the nanny goats procured were 4 months old and we preferred to buy the goats at that age because if we would have bought a year old goats or a seven months goats, some goats start producing at 5 or 6 months that means they can produce in short period of time and stop producing which cannot benefit a lot to the project. We decided to buy 4 months goats so that they can produce more goats and can benefit many from the project. I.e., this year number of goats can increase rapidly because all the nanny goats have now reached the point of production than last year or early months of this year.

Indicator #2 (Increase in crop production as animal dung are used as manure in the fields as well as eating chemical free food)

Animal dung has started being used in the beneficiaries backyard gardens hence they are eating free chemical foods.

Indicator #3 (Improve living conditions of the women- generate income through the sales of meat and soya)

Soya bean and meat selling have not yet started because there are no surplus products which can be sold and generate income.

Indicator #4 (Reduce hunger in their families because the cash made from the sales shall enable them buy food to support their families)

The selling of products has not yet started due to no surplus products and hunger has not yet reduced because no sales has not been made to buy items and support their families.

Indicator # 5 (Improve nutrition from the milk and meat they will get from the goats)

Milk production only for consumption has been used to add nutritive value in the porridge of the beneficiaries children as they eat the porridge.

Indicator # 6 (Educational support to their school going children through selling some of the products from goat farming and crop production).

Impact not yet because they have not yet started selling products. Some of the outcomes have not yet started impacting to the beneficiaries because they have not yet started selling goats, meat, milk and soya beans. Some of the indicators are long term indicators.

As at 31st August, 2023 so far goat production has increased as the table below indicates

1 st Beneficiary	2 nd Beneficiary	Number of goats											
		Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total
Mary Harry	Dorothy Missat	3									1	1	5
Fanny Willard	Harriet Nkhoma	3									1		4
Ivy Jonathan	Magret Anthony	3				1				1			5
Marrium Jalli	Mercy Douglas	3						1			1		5
Aida Selemani	Patuma Aubi	3							1			1	5
Twaina Umali	Agness Laja	3			1				1				5
TOTAL GOATS		18	18	18	19	20	20	21	23	24	27	29	29

FINANCIAL REPORT

First trench of 1,260,500 was spent with the following

Description	Duration	Amount
Fuel	6months	160,000
Airtime	6months	60,000
Stationery	6months	34,000
IEC materials	6months	157,500
Lunch for facilitators	Once	24,000
Refreshments for participants	Once	30,000
Procurement of goats	Once	540,000
Hiring vehicle for goats	Once	30,000
Documentary	Once	15,000
Land rental fee	Once	60,000
Seed procurement	Once	40,000
Monitoring	6months	100,000
Bank Charges	6months	10,000
Total	6months	1,260,500

Second trench of 1,250,000 was spent as follow

Description	Duration	Amount
Honoraria Tarr Fellow	6months	600,000
Honoraria Tarr co worker	6months	180,000
Monitoring	6months	300,000
Communication	6months	120,000
Stationery	6months	50,000
Total	6months	1,250,000

RECEIPTS

CASH SALE

MALAWI LIMITED



P.O. Box 1795, Capital City, Lilongwe 3 Tel: +265 882 866 339.

Fax: 265 75 0887

Email: info@petrodamw.com

Website: www.petrodamw.com

Vehicle No: B2 190

Date: 11/03/23

Qty	Description	@	K	t
26.04	Diesel	1920	50,000	-
			50,000	-

Attendant's Name: Alinafe

CASH SALE

MALAWI LIMITED



P.O. Box 726, Blantyre. Tel: 01876 913. Fax: 01875 586

Email: info@petrodamw.com

Website: www.petrodamw.com

Vehicle No: B2 190

Date: 17/03/23

Qty	Description	@	K	t
			50,000	-
			50,000	-

26.04 litres

Attendant's Name: [Signature]



CASH SALE No. **7728**

ENGEN LYDIA INVESTMENTS

P.O. Box 21, Thyolo. Cell: 0882 325 155

Messrs: B2 190 Date: 15/04/23

Description	@	K	t
Petrol Litre		50,000	-
Diesel Litre			
Oil			
Airtime			
TOTAL		50,000	-

26.04 litres

Attendant Name: Gen. Malony Sign: [Signature]



CASH SALE No. **7721**

ENGEN LYDIA INVESTMENTS

P.O. Box 21, Thyolo. Cell: 0882 325 155

Messrs: 28/03/23 Date: 28/03/23

Description	@	K	t
Petrol Litre	1920	50,000	-
Diesel Litre			
Oil			
Airtime			
TOTAL		50,000	-

26.04 litres

Attendant Name: Loyce Sign: [Signature]

Airtime & Dungle for Communications

Communications

Receipt/Invoice/Delivery Note



No. 44036

Airtel Complex
Off Convention Drive
P.O. Box 57, Lilongwe
Malawi
Tel: +265 (0) 1 774 800
Fax: +265 1 774 802
www.airtel.com

Messers: Cecilia Mpinga

Date: 20/03/20

Qty	DESCRIPTION	UNIT PRICE (MK)	COMMISSION (MK)	TOTAL NET PRICE
	Mofaya Bundle			12000
				12000

Delivered by: (Name) MITONI
Signature: BC
Vehicle Reg. No:

Received by: (Name) Cecilia Mpinga
Signature: Cei

Vouchers for Goat Procurement

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Gilbert Salimu of Laribulung do hereby

confirm that I have sold 3 goats at 30,000

to Mariam Ish at a total cost of K90,000

Signed G.S. Date: 11/08/22

Phone 099 722 6456

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Victor Kapto of Mumbe do hereby

confirm that I have sold 3 goats at 30,000

to Mary Ham at a total cost of K90,000

Signed Kapto Date: 17/09/22

Phone 099 722 6456

Vouchers for goat procurement

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I YOLAMU NJAIDI of CHIKUMBU do hereby

confirm that I have sold 3 GOATS at 30,000 EACH

to Ivy Jonathan at a total cost of K90,000

Signed [Signature] Date: 28/08/22

Phone 088 6818513

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Erason Mhalele (0996652459) of Mhumbi do hereby

confirm that I have sold 30,000 each goat (3)

to Ida Selmani at a total cost of K90,000

Signed [Signature] Date: 22/09/22

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Thoko SIKISI (0881206013) of Chikowi do hereby

confirm that I have sold 3 goats at 30,000 each

to Fanny Willard at a total cost of K90,000

Signed Thoko Date: 31/07/22

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Thoko SIKISI (0881206013) of Chikowi do hereby

confirm that I have sold 3 goats at 30,000 each

to Twana Umali at a total cost of K90,000

Signed Thoko Date: 30/07/22

Voucher for seed.

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Jamiya AFIKI of Chikwenga Vg do hereby

confirm that I have sold Soya bean seed

to Tarr Womens Group at a total cost of K 40,000

Signed Jamiya Date: 28/10/22

Phone - 0991848489

Voucher for land.

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I Eliza Buba of Chikwenga Vg do hereby

confirm that I have ~~sold~~ rented a piece of Land

to Tarr Womens Group at a total cost of K 60,000

Signed Eliza Date: 13/07/22

Phone - 08882824912

1 EC MATERIALS

CASH SALE No. 0668
GOLDEN HANDS INVESTMENTS
 Typek BIC

ICT Gadgets Repair | Photocopy | Printing | Scanning | Laminating | Stationery | Binding
 Behind Mechno Store, Opposite Zomba PVT School Cell: 0888 360 381 / 0997 770 308
 Email: goldenhands@gmail.com

Date: 5/10/22

M/s. Tarr women group

QTY	DESCRIPTION	@	K	T
15	NSala	4000	60000	0
TOTAL			60000	0

CASH SALE No. 0669
GOLDEN HANDS INVESTMENTS
 Typek BIC

ICT Gadgets Repair | Photocopy | Printing | Scanning | Laminating | Stationery | Binding
 Behind Mechno Store, Opposite Zomba PVT School Cell: 0888 360 381 / 0997 770 308
 Email: goldenhands@gmail.com

Date: 05/10/22

M/s. Tarr women group

QTY	DESCRIPTION	@	K	T
15	printing T-shirt	6500	97500	0
TOTAL			97500	0

voucher for car hire

TARR WOMEN GROUP

Affidavit

Procurement of Items from vendors without receipts

I, Aime Kereka of Tarr Women Group do hereby confirm that I have sold provided a car hire service for carrying goods to Tarr Women Group at a total cost of K30,000

Signed Aime Date: 29/09/22

used during meeting with ...

meeting with Agriculture extension worker



CASH SALE

ENERGY

FAIRWAY SERVICE STATION

P.O. Box 775
Zomba
M/s: _____

Tell: 0 111 951 744
0 999 565 900

Date: 11/07/22

		K	t
PETROL	11.44	20,000	
DIESEL			
PARAFFIN			
OILS			
GREASES			

TOTAL : K 20,000

J&G Printer: 0 995 252 328

VAT Inclusive

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914414

Date: 12/07/22

PETROL	11.44	Lt	K	
DIESEL		Lt	K	
PARAFFIN		Lt	K	
LUBS		Lt	K	
OTHER		Lt	K	
VEHICLE NO.	BL 190			
				TOTAL MK

DETAILS

Card No..... Value K.....

..... Value K.....

..... Value K.....

Card No.....

(if applicable)

Handwritten signature

Signature of F/Str Representative

meeting with TIA, ADC chair & GVT

identification of land for rent



CASH SALE No.

ZOMBA UNIVERSAL MOTORS

TOTAL FILLING STATION

P.O. Box 31719
Blantyre

Cell: + 265 884 983 478
0881 723 200

Date: 14/07/22

M/S: _____
Vehicle Reg No. BL 190 L.P.O. _____

Description	@	K	t
Petrol Litres	11.44	1.745	20,000
Diesel Litres			
Paraffin Litres			
Oils			
Others			

TOTAL 20,000

Customer: *[Signature]*
Attendant: _____

0999661624

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914

DATE: 13/07/22

PETROL	11.44	Lt	K	20,000
DIESEL		Lt	K	
PARAFFIN		Lt	K	
LUBS		Lt	K	
OTHER		Lt	K	
VEHICLE No.	BL 190			
				TOTAL MK 20,000

DETAILS

Card No..... Value K.....

..... Value K.....

..... Value K.....

Card No.....

(if Applicable)

Handwritten signature

Orientation with beneficiaries

Boat management training



CASH SALE

FAIRWAY SERVICE STATION
 P.O. Box 775
 Zomba
 M/s:
 Date: 26/07/22
 Tell: 0 111 951 744
 0 999 565 900

	K	t
PETROL <u>11.44</u>	<u>20000</u>	
DIESEL	<u>3</u>	
PARAFFIN		
OILS		
GREASES		
TOTAL : K		<u>20000</u>

VAT Inclusive

J&G Printer: 0 995 252 3



CASH SALE
ZOMBA UNIVERSAL MOTORS
 TOTAL FILLING STATION

P.O. Box 31719
 Blantyre
 M/S:
 Date: 28/07/22
 Cell: + 265 884 983 478
 0881 723 200

Vehicle Reg No. BL 190 L.P.O.

Description	@	K	t
Petrol Litres <u>11.44</u>			
Diesel Litres	<u>1746</u>	<u>20000</u>	
Paraffin Litres			
Oils			
Others			
TOTAL		<u>20000</u>	

Customer:
 Attendant: I. JAILOS

0999661624

Goat handover ceremony

CASH SALE



MALAWI LIMITED

P.O. Box 726, Blantyre. Tel: 01876 913. Fax 01875 586
 Email: info@petrodamw.com
 Website: www.petrodamw.com

Vehicle No: BS 8774
 Date: 13.10.22

Qty	Description	@	K	t
	<u>22.90 petrol</u>		<u>40,000</u>	
			<u>40,000</u>	

tuex used wrong 1108/2014

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914

DATE: 12/10/22

PETROL 11.44 Lt K 20,000
 DIESEL Lt K
 PARAFFIN Lt K
 LUBS Lt K
 OTHER Lt K
 VEHICLE No. BL 190 TOTAL MK. 20,000

DETAILS

Card No. Value K

Value K

Value K

Card No. (If Applicable)

(If Applicable)

Signature of F/Str Representative



CASH SALE

FAIRWAY SERVICE STATION

P.O. Box 775

Zomba

M/s: Date 18/09/22

Tell: 0 111 951 744

0 999 565 900

	K	t
PETROL 11.44	20000	
DIESEL		
PARAFFIN		
OILS		
GREASES		
TOTAL : K	20000	

VAT Inclusive

J&G Printer: 0 995 252 328

Messrs: Vehicle No. BL 190 Date: 10/01/23

Description	@	K	t
Petrol Litre 11.44	1746	20,000	
Diesel Litre			
Oil			
Airtime			
TOTAL		20000	



ZOMBA UNIVERSAL MOTORS

CASH SALE No.

TOTAL FILLING STATION

P.O. Box 31719 Blantyre

Cell: 265 884 983 478 0881 723 200

Date: 08/08/22

M/S: Vehicle Reg No. BL 190 L.P.O.

Description	@	K	t
Petrol Litres 11.44	1746	20000	
Diesel Litres			
Paraffin Litres			
Oils			
Others			
TOTAL		20000	

Customer: Attendant: 0999661624

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914414

Date: 15/12/22

PETROL 11.44 Lt K
 DIESEL Lt K
 PARAFFIN Lt K
 LUBS Lt K
 OTHER Lt K
 VEHICLE NO. BL 190 TOTAL MK. 20,000

DETAILS

Card No. Value K Value K Value K

Card No. (If applicable)

Signature of F/Str Representative

TARR WOMEN'S GROUP

PAYMENT SHEET

Date... 17/06/23

Project Name.....

Activity... Integrated goat pass on Project

NO	NAME	DEPARTMENT	POSITION	CONTACT NO.	AMOUNT	SIGNATURE
	Thayne Umali	Childcare	Co-ordinator	0998070928	180,000	T. Umali

Paid By... Coche ... Position... Tarr Pelrus Coche ... Sign...

TARR WOMEN'S GROUP

PAYMENT SHEET

Date: 15/06/23

Project Name: Integrated guest Pass on Project

Activity: Honorary

NO	NAME	DEPARTMENT	POSITION	CONTACT NO.	AMOUNT	SIGNATURE
	Celine Mungo	Africa	Fellow	0881970866	600,000	Celine

Paid By: Celine Mungo Position: Fellow Sign: Celine

LUNCH FACILITATORS

TARR WOMEN'S GROUP

PAYMENT SHEET

Date: 28/07/22

Project Name: Integrated goat Pass-on program

Activity: Goat management training

NO	NAME	DEPARTMENT	POSITION	CONTACT NO.	AMOUNT	SIGNATURE
1	Lucy Makhela	Agriculture	ALISA	088 1675318	K8,000	Azzahra
2	Cavin Fuzisa	"	AVD	088 2410255	K8,000	Fuzisa
3	Thwayis Umayi	Community	Leader	0999 070992	K8,000	Thwayis
					24,000	

Paid By: Ceaka Mpinga, Position: Supervisor, Sign: Ceaka

Documentary photo shooting



GOWA PICTURE STUDIOS
P.O. Box 5802 Blantyre, Cell: (265) 991501597



010221

CASH RECEIPT NO

Date: 18/10/12

Received From: Esther Mphuzi

Kwacha

The Sum of Fifteen thousand kwacha

Tambala

15,000

Being Payment of: Video Production / Documentary

Konstantin
For: GOWA PICTURE STUDIO

Cash/Cheque No: _____

STATIONERY

RECEIPT No.

PREMAR PRINTING

"Your One Printing Den in town"

P.O. Box 51961
Limbe.

RECEIPT No. 1090

PREMAR PRINTING CAFE

"Your One Printing Den in town"

P.O. Box 51961
Limbe.

Cell: 0888 102 915
0995 763 977

Received from Thurly Four Kwacha Date: 27
Received from Alake Mpriza Date: 17/04 2023

the sum of 34,000 Kwacha
the sum of 50,000 - Fifty thousand Kwacha

K 34,000 : - t

K : t

With thanks

In payment of stationery materials
In payment of scanning & printing documents
Paid by Cash/Cheque # cash
Paid by Cash/Cheque # cash

REFRESHMENT DURING TRAINING

Cash Sale No. 0037

TRUST GOD SHOP

Cell: +265 991 152 661

Date: 27/07/22

M/s: Tar women's group

Qty	Description	@	K	t
30	Eggs juice	500	15,000	-
15	coconut biscuit	1,000	15,000	-
(30,000 paid)				
			30,000	-

Fuel for monitoring

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914414

Date: 21/04/23

ENGEN Zomba Service Station

With us you are number one

Cell: 0882 441 414 / 0990 149 914414

Date: 21/05/23

PETROL.....lt
 K. 50,000
 DIESEL 26.04 lt
 K.
 PARAFFIN.....lt
 K.
 LUBS.....lt
 K.
 OTHER.....lt
 K.
 VEHICLE NO..... TOTAL
 MK. 50,000

PETROL.....lt
 K.
 DIESEL 26.04 lt
 K. 50,000
 PARAFFIN.....lt
 K.
 LUBS.....lt
 K.
 OTHER.....lt
 K.
 VEHICLE NO..... TOTAL
 MK. 50,000

DETAILS

Card No..... Value K.....
 Value K.....
 Value K.....

Card No.....
 (If applicable)

[Signature]

Signature of F/Str Representative

DETAILS

Card No..... Value K.....
 Value K.....
 Value K.....

Card No.....
 (If applicable)

[Signature]

Signature of F/Str Representative

SECTION 3

PROFESSIONAL DEVELOPMENT

The fellowship program provides professional development and project support to ARI graduates who have implemented projects inspired by their work at ARI. Its goal is to build the capacity of fellow in the community and develop leadership skills.

As part of the program fellows are entitled to visit the United States of America for professional development and upon the approval of visa from the embassy.

The chance to visit USA was not possible due to denial of visa at the USA embassy of Malawi. The second chance I had was in the country of Tanzania in which the symposium of ECHO took place.

I attended the conference which was scheduled for four days at Masai land in Arusha and the conference was very impressive. Some ARI graduates from Africa attended too and I enjoyed the conference because I remembered my home (ARI) with my fellow ARI graduates. We shared some experiences whilst at ARI as well as after ARI.

Excitement arose again once I met AFARI members for the first time Sherry and Bev. I had ample time to present my project of integrated goat pass on project to AFARI members, progress made, experiences, challenges encountered, lessons learnt and way forward.

The ECHO presentations touch all aspects of community development like the Agriculture, spiritual, nutrition, water, sanitation, environment, health, gender, youths, children and many more. We had a chance of field visit whereby we managed to visit one of the organizations (one world) which is doing fish farming and sustainable agriculture.

The most impressive thing that I saw and opted to do in future is a simple house for chickens. They use the used empty bottles of water as feeding trays and water. The house looks smart and neat as well as free from diseases, and easy to collect eggs and manure.

The following are the pictures captured during the ECHO symposium conference in Tanzania.



During the session



“That we may live together”



Field visit: My future project



Awarded with a certificate

SECTION 4

My story

When the chance of visiting USA failed, there arose another opportunity to visit Tanzania as part of professional development. I was offered a flight to attend the conference instead I opted to use road as part of transport.

I discussed with the coordinator if they can allow me to use road transport than air transport so that the money saved during the trip can be used to serve another community with a pass on chicken project taking an advantage that Tanzania is not far from Malawi.

The board of AFARI accepted my proposal, and I attended the ECHO symposium meeting which was held in Tanzania and arrived home safely.

The project will benefit 20 primary school learners and it is known as **“One child ten chicken pass on project”**

Objective of the project is to improve the living standard of learners

The project shall benefit the following

- Source of manure
- Nutrition as they eat chicken and eggs
- Source of income to on school going children whereby after selling the chicken the funds shall be used to
 - To buy notebooks, pens and school bags
 - Pay school fees and school fund
 - Buy school uniforms and shoes
 - Buy soap to wash school uniforms
 - School transport

The chickens were bought in the month of May.

The table below shows how the production of poultry has increased within the short period of time in year 2023

1 st Beneficiary	Years	2 nd Beneficiary	Years	Number of chickens				Total
				May	June	July	Aug	
Shakira Ntonda	13	Zakifu Boni	9	10		5	6	21
Ruth Tembenu	12	Dumisani Likhovo	6	10		7	5	23
Fishan Adam	10	Shakira Ntenje	9	10		6	6	22
Alie Harrison	13	Hajira Kasondo	9	10		6	5	21
Anorld Mkanda	13	Bridget Mwamadi	14	10		7	7	24
Shunizi Mpate	11	Marrium Martin	13	10		7	7	24
Anet Kachoka	12	Gift James	13	10		8	6	34
Sonia Sande	8	Rashida Jafali	9	10		6	9	25
Fanny Adam	12	Yasmin Aofi	6	10		12	4	24
Munira Alex	13	Swaiba Shaibu	11	10		10	8	28
TOTAL				100		74	63	246

The money I saved was one million Malawi kwacha which was allocated as follow.

Description	Quantity	Amount	Total
Procurement of chicken	100	7,000	700,000
Fuel for veterinary officer	10	10,000	100,000
Co- worker honoraria	1	100,000	100,000
Airtime	1	50,000	50,000
Transport	1	30,000	30,000
Stationery	1	10,000	10,000
Bank charges	1	10,000	10,000
SUB TOTAL			1,000,000



Beneficiaries (primary school learners)



A pair of beneficiaries. Happy to own chicken



AFARI fellow happy with the project message



The veterinary officer disseminating his

CHALLENGES FACED DURING THE PROJECT

The devaluation of Malawi kwacha which led to the increase of items affected the budget through reduction of quantities.

Delay in outcomes especially in goat production due to the size of goats purchased but, in another way, round we are on safe side.

The poor network of Malawi which resulted to failure to communicate using zoom with AFARI coordinator instead WhatsApp call and messages were used.

Cyclone Freddy which resulted in low production on soya bean production and some beneficiaries losing their houses due to wind damage from cyclone Freddy.

Failure to visit USA due to visa denial.

LESSON LEARNT DURING THE PROJECT

With the little resources invested in the community impact more to the beneficiaries though can be a long term or a short term and brings a possible change in the living standard of the people

Sense of ownership being observed by beneficiaries shows that they have welcomed the project.

Frequent monitoring has helped in the project because it assesses the progress of the project and enables the community not to misuse the resources.

On self-development, I have learnt to write a proposal through the presentation I received from the AFARI coordinator as well as the AFARI application which is also part of proposal development.

Strengthening my leadership skills through this program where I have managed to interact with different partners and stakeholders. This has led me to be self-confident and strong that made me deliver the project and if any chance arose I can manage anything.

RECOMMENDATIONS, COMMENTS AND SUGGESTIONS

The introduction of Fellowship program among the ARI graduates is a very brilliant idea which will make graduates grow in leadership as the projects granted shall sustain them and making them busy. i.e. if the projects can be managed accordingly, they can produce other projects too. Egg the soya bean production after selling they can agree to use the funds after selling soya to start any business. Or after the goat produces, they can agree to sell some goats and buy pigs or cattle and so on.

On administration everything was fine apart from poor network during communication.

On finances no challenge was observed, the finances were in order.

During the meeting we had with Sherry and Bev in Tanzania. I shared to them that there should be an allocation of buying a smart phone or a computer to the fellow graduate so that communication might be easier because some of the graduates rely on cafeteria to pay for the internet service because they do not have smart phone or computer. And for the fellowship communication was done often without communication there might be a challenge.

I asked this question to Sherry and Bev too whilst in Tanzania. How will the AFARI members assure that the funds sent to the Graduates are secured and have been used appropriately? What if the fellow member misuses the funds, what can be the resolutions? I was responded that through reports and communication in pictures. I requested to be a food for thought to AFARI members.

As a servant leader I struggled to use the road transport to attend an ECHO meeting in Tanzania, now am serving others through the chicken production which is an instant outcome to the beneficiaries and are happy to own chickens. It is a great lesson for me because I persevered a lot for the benefit of others. My legs were swollen to and from the ECO conference journey but am happy because a certain soul is happy too as her living standard has been improved through owning chickens.

Though the project is for a year, the indicators and the impacts shall be seen and observed in the second year and I shall continue reporting to AFARI about the project though has phased out.

On issue of USA visit. It was a blow to me due to visa denial and this was the saddest moment I ever experienced in my life. My plea to the AFARI team is that after some years, you can possibly invite the fellow members to visit the USA once and share some experience or any arrangement you can make.

RECEIPTS FOR VISA APPLICATION

2nd VISA TRIP

RECEIPT NO

0136



Bamboo Boutique Hotel

24hr Reservation Desk 265 881 267 473//33/44
Area 12 Lilongwe Email: resvbamboo@serembidhotel.com

Date: 20th OCTOBER 2022

Received From: CECILIA MPINGA

The Sum of: ONE HUNDRED AND SIXTY THOUSAND Kwacha
Tambala

MK160,000

Being payment of: TWO NIGHTS (19TH AND 20TH OCTOBER 2022) ACCOMMODATION AND BREAKFAST.

Cash/Cheque: Cash

[Signature]
For: Bamboo Boutique Hotel



U.S. Embassy
LILONGWE

Customer: CECILIA MPINGA
Date: 10/20/2022 12:04:02 PM
Register: Cash Register
Transaction: 15016631
Tender: Local Currency
Exchange Rate: 1.00USD = 1,050.000LC

CASH SALE



795, Capital City, Lilongwe 3Tel: +265 882 866
5 0887
@petrodamw.com
www.petrodamw.com

CASH SALE



795, Capital City, Lilongwe 3Tel: +265 882 866
5 0887
@petrodamw.com
www.petrodamw.com

BS 8774

21-10-2022

Qty	Svc	Ctry	Visa	Price
1	21A			\$160.00
NON-PETITION-BASED MRV				K168,000.00

Balance K168,000.00
Amount Paid K168,000.00
Change K0.00

Description	@	K	t
Petrol	1.748	60,000	-
		3	
		60,000	-

	@	K	t
	1.748	60,000	-
		60,000	-

CUSTOMER COPY
ALL TRANSACTIONS ARE
FINAL - NO REFUNDS

Sensitive But Unclassified (SBU)

Name: Alinafe

1st VISA TRIP

RECEIPT NO

017

Bamboo Boutique Hotel

24hr Reservation Desk 255 881 267 473/53/44
Area 12 Lilongwe Email: resvbamboo@serembidhotel.com

Date: 15th SEPTEMBER, 2022

Issued From: CECILIA MPINGA
Amount of: EIGHTY THOUSAND
Kwacha
Tambala

MK80,000

Payment of: ONE NIGHT ACCOMMODATION AND BREAKFAST



Cheque No: CASH
For: Bamboo Boutique Hotel

CASH SALE



P.O. Box 726, Blantyre. Tel: 01 876 913. Fax 01 875 586
E-mail: info@petrodamw.com
Website: www.petrodamw.com

Vehicle No: BS 8774 Date: 15/09/22

QTY	Description	@	K	l
34	Petrol	174	6000	
	34 litres			
				6000

Attendant's Name: Wilson

CASH SALE



P.O. Box 1795, Capital City, Lilongwe 3. Tel: +265 75 0888.
Fax +265 75 0887
E-mail: info@petrodamw.com

Vehicle No: BS 8774 Date: 15/09/22

QTY	Description	@	K	l
	Business Petrol	174	6000	
	34 litres			
				6000

Attendant's Name: Wilson

VOTE OF THANKS

I would like to thank AFARI and ARI members for trusting me to run the project, I don't take it for granted because many graduates applied for it and being amongst the first two for the pilot, I say thank you and I promise that I shall be working hand in hand where ever there is a need or wherever possible. God bless you all.

Section 5

PICTURES

